



#### **DISTRICT ENERGY SOLUTIONS FOR GROWING CITIES**

Elliot Digby, P.Eng., lifelong problem solver November 06, 2025

#### **AGENDA**



1. The Energy Challenges of Growing Cities

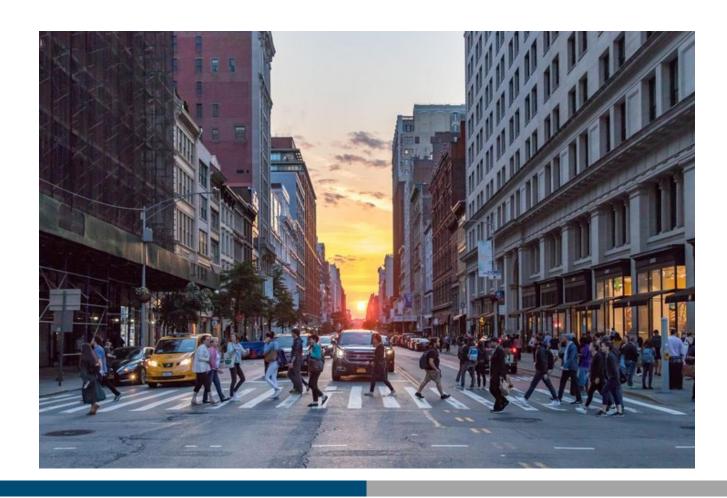
2. District Energy: The Scalable Infrastructure Solution

3. (Back to) the Future

#### 1.



#### **CHALLENGES OF GROWING CITIES**



#### PLENTY OF CHALLENGES (GROWING PAINS)





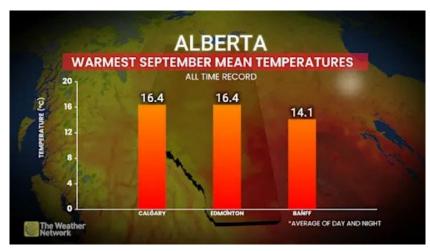
Population Growth & Demand



**Building Homes & Offices** 



**Local Government Budgets** 



Climate Change Impacts



Mixed-Use Developments

#### **ENERGY CHALLENGES IN ALBERTA**





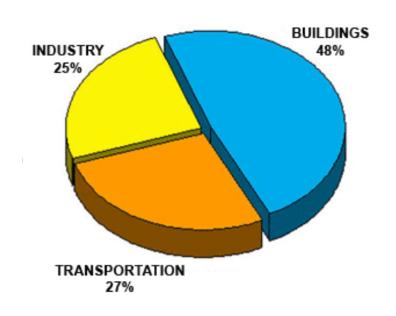
Environmental, carbon emissions, tax policy



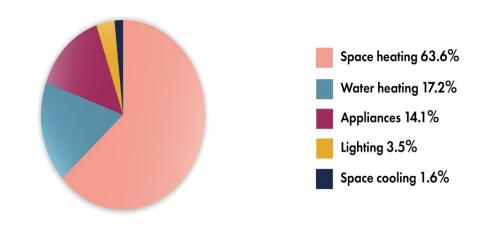
Pause on renewables energy projects in AB

#### **BUILDING ENERGY USE**





Global energy demand by sector in 2005



Distribution of residential energy use in Canada 2019, Natural Resources Canada

#### **BUILDING ENERGY USE**



#### Urban growth creates energy challenges (and opportunities)

- Rapid urbanization promotes density (energy use and solutions).
- Buildings face <u>limits</u> in space, capital cost, O&M, and emissions.
- Modern cities need integrated, reliable, energy solutions.



**Building Emissions** 









Urban growth

0 & M

**Capital Cost** 

**Energy Solutions** 

#### **FVB**

#### 2. DISTRICT ENERGY

#### "ALONG FOR THE INFRASTRUCTURE RIDE"









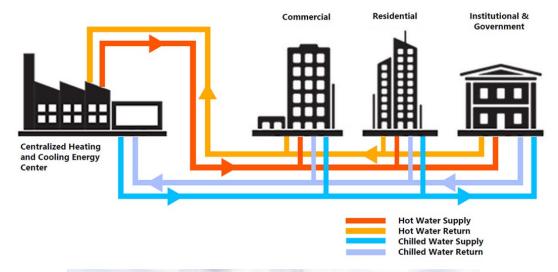


#### WHAT IS DISTRICT ENERGY?

#### Thermal Energy Grids for Cities

- Centralized heating and cooling production.
- Distribution via hot or chilled water.
- Energy-as-a-Service simplifying building operations.
- Utility-grade reliability (99.99%)
- Professionally trained staff, with singular focus – to deliver energy to customers.





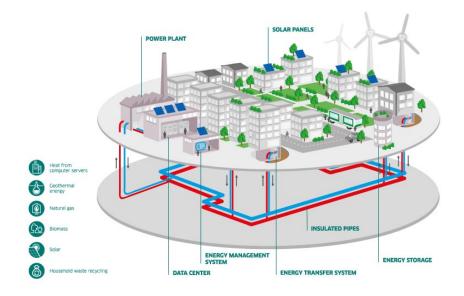


#### WHAT IS DISTRICT ENERGY?



#### Centralized Energy Systems for Urban Efficiency

- Suitable for alternative technologies at-scale.
- GHG reduction
- Fuel switching capabilities.
- Enables integration of diverse energy technologies and storage.



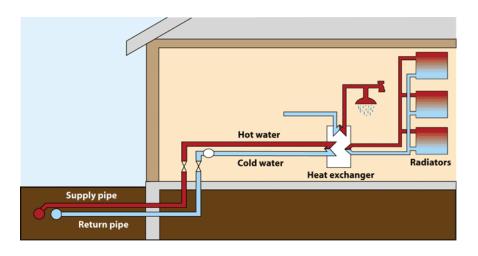
#### WHAT IS DISTRICT ENERGY?



#### **Energy Transfer Station**

- Building HVAC interface with district energy utility
- No complicated technology
- Real-time data monitoring, trending and energy management
  - What gets measured, gets managed!







#### **DISTRICT ENERGY GROWS WITH CITIES**



Temporary Energy Plant with traditional fuels



Connect more customers
Stabilize operations & finances





Permanent Energy Plant

- Low Carbon Technology for base load energy
- traditional fuels for peaking/backup energy







#### **GROWTH OF DISTRICT ENERGY**



#### THE "UTILITY" OF DISTRICT ENERGY



#### Analogies of the utility mindset

- Diversification
- Energy-as-a-service
- Outsourcing the hard stuff
- Energy storage
- Progression of what is normal



Consider a new perspective on building energy solutions!





#### **ANALOGY: DIVERSIFICATION**

#### Electrical grids – generator and wire resources

Actual Load / Sum of individual non-coincident peak loads
 Water distribution networks

 Diversification – size and install infrastructure to optimize capital spending.

#### Thermal grids / networks?

- We do this with hydronics at the building level...but beyond?
- District energy applies this concept at scale...beyond building level.

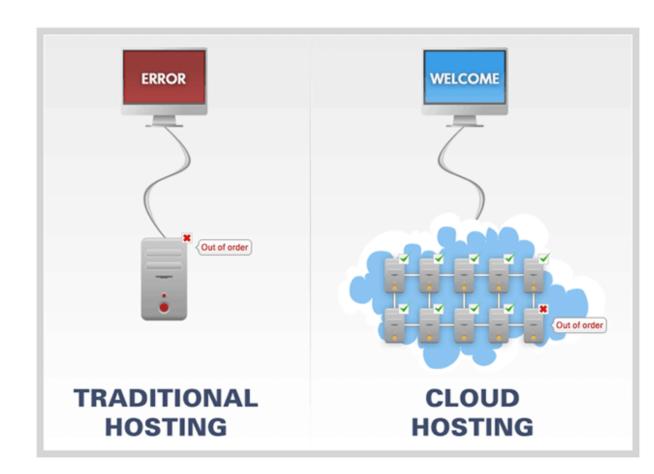
Number of downstream consumers	Diversity factor (ks)
2 to 4	1
5 to 9	0.78
10 to 14	0.63
15 to 19	0.53
20 to 24	0.49
25 to 29	0.46
30 to 34	0.44
35 to 39	0.42
40 to 49	0.41
50 and more	0.38





#### Cloud data storage

- Remember when every home or company had their own server room.
- We now "trust" outsourced data storage and the interconnected communication networks.
- Offers 99.99% reliability, centralized administration and high security.







## What's in a typical modern home or office?

- Electricity generation
- Water purification
- Wastewater treatment
- Why should a modern office be responsible for the conversion of raw fuels into of heating & cooling?
   Safety, complexity, staffing? Outsource!
  - Combustion fuels
  - Refrigerants







#### **ANALOGY: UTILITY-SCALE ENERGY STORAGE**

#### Electrical vs. Thermal

Characteristics	Electrical Storage	Thermal Storage
Complexity	High-tech	Low-tech
History	New	Old, 100(0)+ years
Cost/kWh (relative)	Expensive	Cheap
Resources	Rare earth metals, chemicals	Water





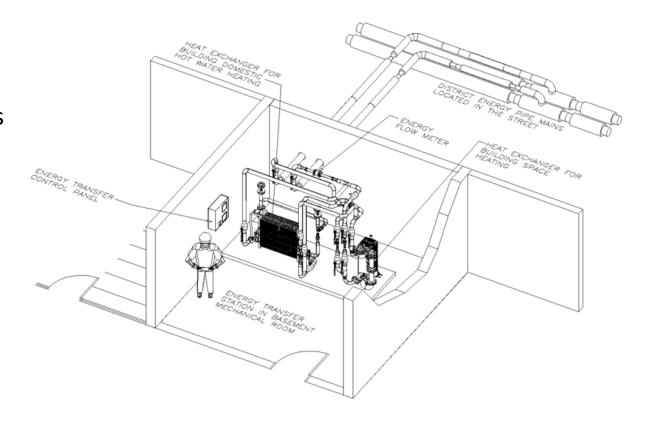






#### Typical building heating interface (aka substation)

- Water-to-water heat exchanger
- Control valves
- Heat meter
- Communication and data trends



#### **ANALOGY: PROGRESSION OF WHAT IS NORMAL**



#### Solar PV

- 25 years ago...
  - Bi-directional metering
  - Cost of panels
  - Grid interconnection
  - Public perception
- Today...
  - Very different!



#### DATA TRENDING IN MODERN DES



#### Engineers love data!

- Heating and cooling loads
- Supply and return flow, temperature & pressure
- Heating energy profiles daily, monthly, seasonal
- Aggregate data trends help district energy utilities make informed decisions



## RECAP: DISTRICT ENERGY IS SMART INFRASTRUCTURE FOR MODERN CITIES



#### The Hidden Backbone of Sustainable Urban Development

- Centralized: generates heating and cooling efficiently to serve multiple buildings.
- Long-Term: underground piping and core infrastructure last 50–100 years.
- Scalable: grows in step with new development and building infrastructure.
- Flexible: caters to a range of building HVAC and process applications
- Capital savings: reduces building-level equipment (often oversized with backup).
- O&M savings: simplified building-level operations and fewer systems to maintain.

## RECAP: DISTRICT ENERGY IS SMART INFRASTRUCTURE FOR MODERN CITIES



#### The Hidden Backbone of Sustainable Urban Development

- Digitally Enabled: real-time monitoring and trend analysis constantly improve efficiency and reliability.
- Carbon Reduction Pathway: Enables transition to renewable and low-carbon energy sources.
- Fuel-switch / Electrification-Ready: Compatible with legacy, existing, and future fuel technologies (i.e. heat pumps, renewables, and thermal energy storage)



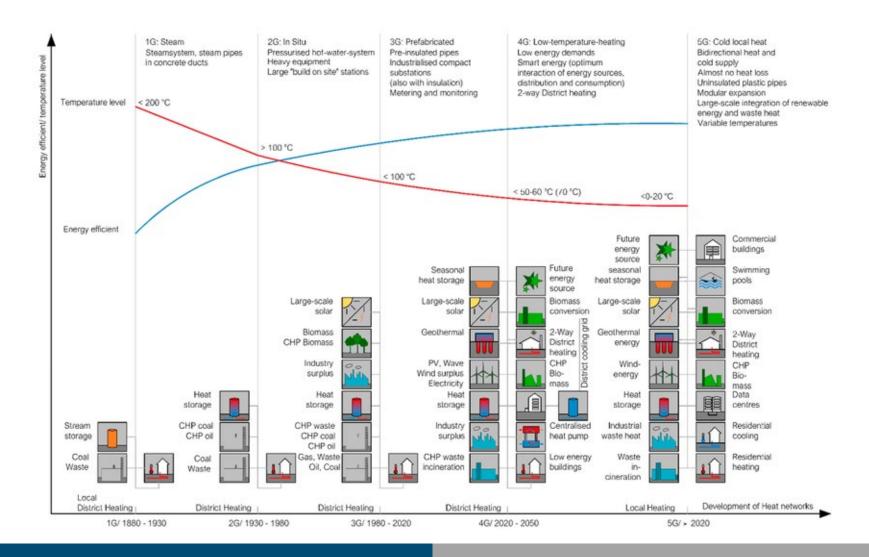
### 3. (BACK TO) THE FUTURE

#### **Industry Trends**



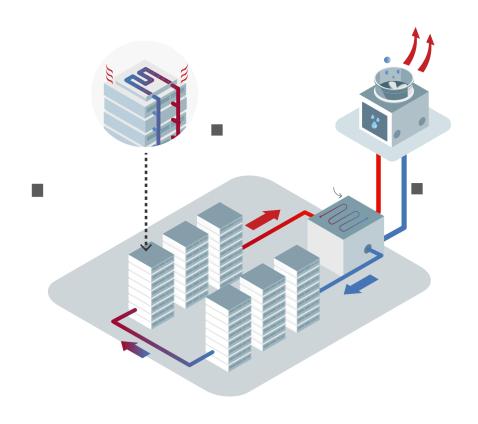
#### GENERATIONS OF DISTRICT HEATING



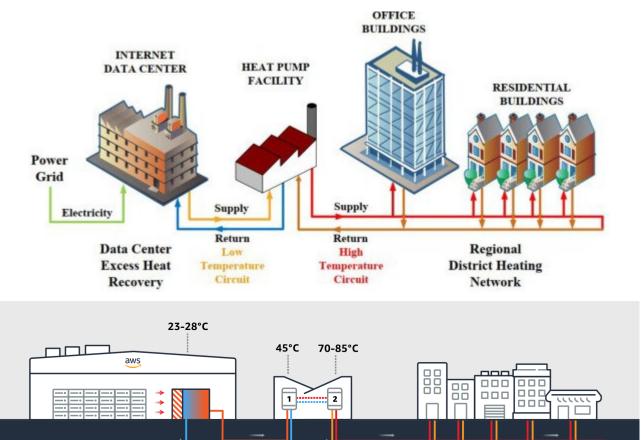


#### **DATA CENTRES**





Conventional heat rejection



District heating heat rejection

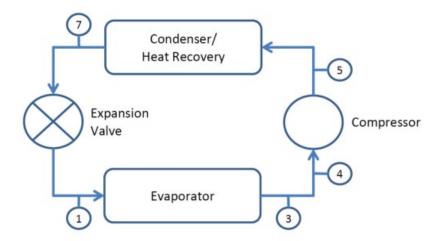
#### SUPERMARKET REFRIGERATION WASTE HEAT RECOVERY



In the supermarket, the refrigeration system generates heat that is otherwise wasted. This heat can be harnessed to:

- Heat up the building
- Provide hot tap water
- Sell to the local district heating grid





#### **SEWAGE HEAT RECOVERY**



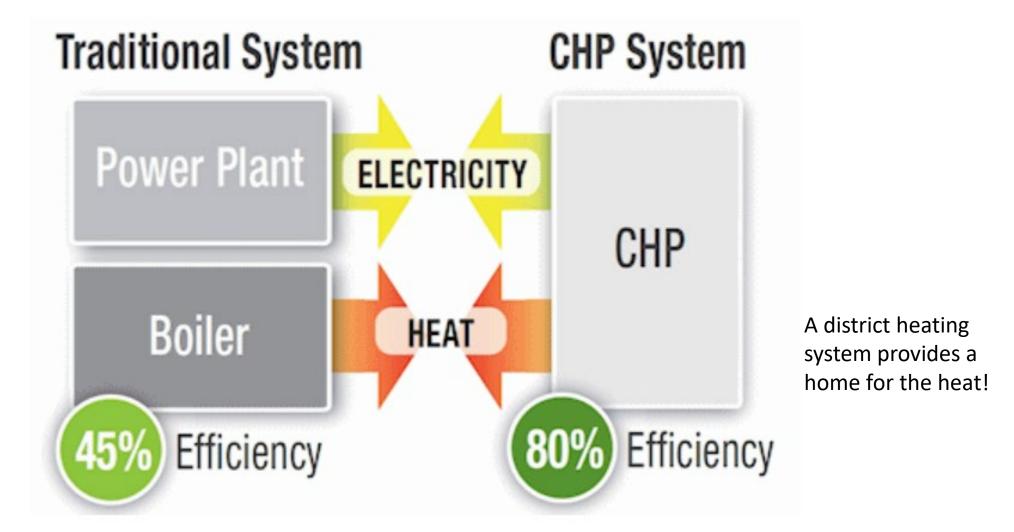


World's largest wastewater energy transfer project located in Markham, ON.

The 18.75 MWt project integrates into the Markham District Energy system and will instantly help lower the carbon footprint of over 13M sq. ft. of building area.

#### TRADITIONAL VS CHP POWER GENERATION



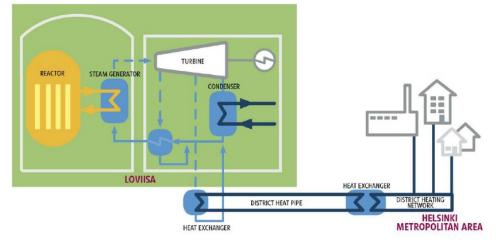


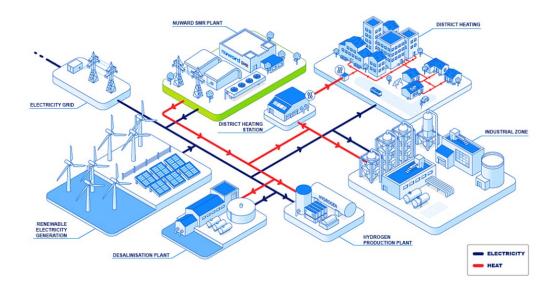
#### **NUCLEAR COMBINED HEAT AND POWER**



# Traditional nuclear power and SMR nuclear power with district heating (CHP)

- SMRs represent the next round of nuclear CHP
- SMRs could be located closer to heating needs, and this improves the economics for power and heat
- Sector coupling





#### RENEWABLE ENERGY





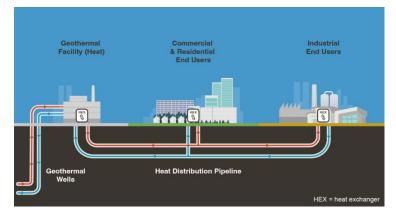


Solar Thermal Energy

Wind Energy



**Biomass Energy** 



Geothermal Energy

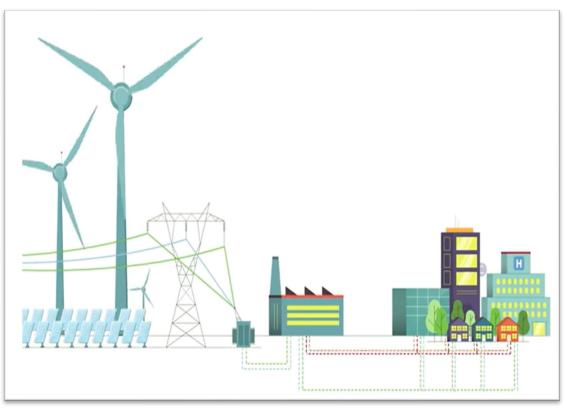


**Energy Storage** 

#### **DECARBONIZATION & ELECTRIFICATION**







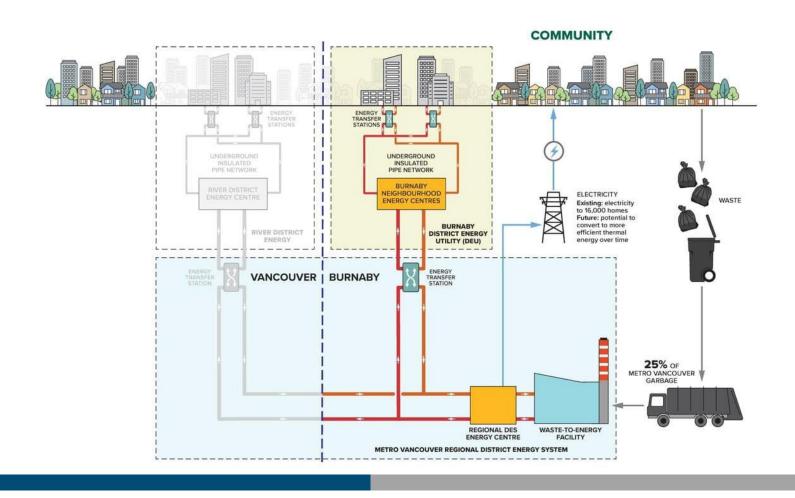
**Decarbonization Via District Energy** 

**Electrification Via District Energy** 

#### **SECTOR COUPLING AND TRANSMISSION**



#### Different industries and jurisdictions working together



#### THE FUTURE VISION

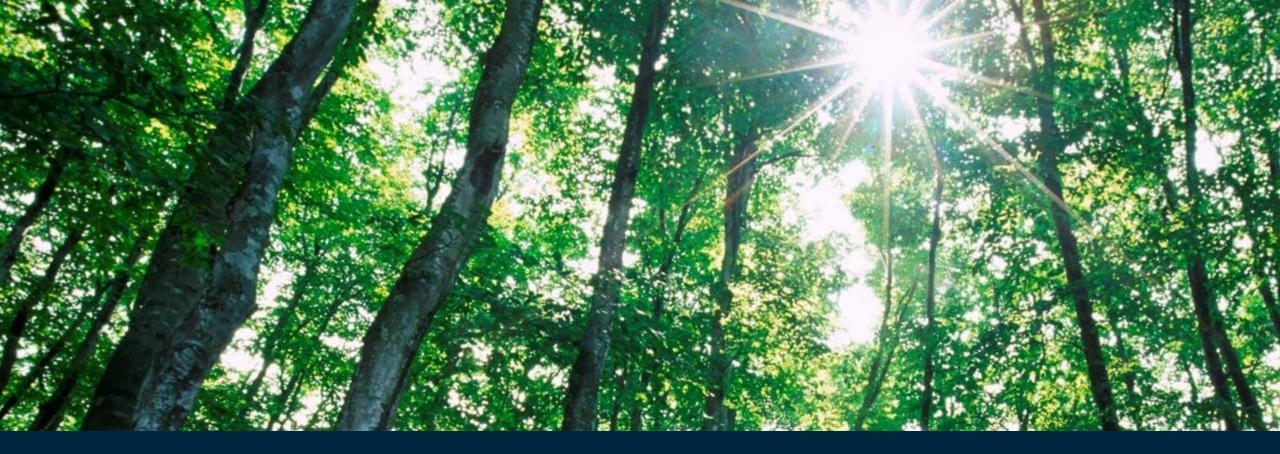


## District Energy is part of the infrastructure solution

- District Energy can integrate all fuel types
   past, present, and future.
- Flexible, scalable, and reliable infrastructure.
- Enables cities to grow sustainably.



"District energy is the quiet engine driving sustainable growth in the world's leading smart cities."



#### Thank You



#350, 13220 St. Albert Trail NW Edmonton, AB | T5L 4W1 www.fvbenergy.com

Elliot Digby, P.Eng., MBA edigby@fvbenergy.com